

HOW TO CARE AND MAINTAIN YOUR DENTURES

- * Dentures should be cleaned daily by soaking and brushing with an effective nonabrasive cleaner.
- * Denture cleansers should ONLY be used to clean dentures outside of the mouth.
- * Dentures should always be thoroughly rinsed after soaking and brushing with denture-cleansing solutions prior to reinsertion into the oral cavity. Always follow the product usage instruction.
- * Dentures should be **cleaned annually** by Dr. Sassack by using ultrasonic cleansers.
- * Dentures should never be placed in boiling water.
- * Dentures should not be soaked in sodium hypochlorite bleach, or in products containing sodium hypochlorite, for periods that exceed 10 minutes. Any longer than 10 minutes damage may occur.
- * Dentures should be stored immersed in water after cleaning, when not replaced in the oral cavity, to avoid warping.
- * Denture adhesives, when properly used, can improve the retention and stability of dentures and help seal out the accumulation of food particles beneath the dentures, even in well-fitting dentures.
- * Denture adhesives should be used only in sufficient quantities (three or four pea-size drops) on each denture to provide sufficient added retention and stability to the prosthesis.
- * If increasing amounts of adhesives are required to achieve the same level of denture retention, you should see Dr. Sassack to evaluate the fit and stability of the dentures.
- * Denture adhesives should be completely removed from the prosthesis and the oral cavity on a daily basis.
- * It is not recommended that dentures be worn continuously (24 hours per day) in an effort to reduce or minimize denture stomatitis (inflammation of the oral tissues).
- * **Patients who wear dentures should be checked annually by Dr. Sassack** for maintenance of optimum denture fit and function, for evaluation of oral lesions and bone loss, and for assessment of oral health status.