



**CASTLEBURY**  
DENTAL

3209 Bavaria Street, Eagle, ID 83616  
(NW corner of Chinden & Meridian Road)  
(208) 855-0080

## POST TREATMENT CARE

[www.castleburydental.com](http://www.castleburydental.com)

### **FILLINGS**

Following any procedure, we want each of our patients to go home feeling well taken care of and confident. For this reason, we put together a list of care instructions that will help in your recovery process. Here is what you need to know:

- Some discomfort is to be expected in the days following the placement of your filling. If you experience pain when eating, contact us at your earliest convenience. We may need to adjust the filling.
- The teeth bordering the filling may become sore or painful. This is normal and should be gone in 1 to 2 weeks.
- If any anesthetic was used, your lips and tongue may feel numb for a few hours. If the numbness persists longer than 24 hours, please contact us immediately.
- The filled tooth may be sensitive to pressure, sweet foods, or different temperatures. If this persists longer than four weeks, contact our office at your earliest convenience.
- Maintain regular dental healthcare routines such as brushing with fluoride toothpaste and flossing daily.
- Make regular dental appointments for teeth cleanings.

If you have any further questions or concerns, please feel free to contact our office at anytime.