

## **GIVE PROSTATE WOES THE BRUSH-OFF**

Gum Disease has already been linked to heart disease, diabetes, and rheumatoid arthritis. Now research from Case Western Reserve University suggests a connection between periodontal and prostate health. Study author Nabil Bissada, DDS, speculates that reducing inflammation in the mouth by brushing and flossing regularly may also reduce prostate inflammation.

-Beth Howard

--AARP Magazine