



Welcome to our office! It is well known that families who maintain strong healthy, well-aligned spines have much improved health. People whose spines are not kept in proper alignment are much more likely to develop health disorders later in life such as arthritis, illness, pain, heart attacks, strokes, even cancer.



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Adult Chiropractic Health Questionnaire

Name _____ Cell Phone _____
 Address _____ Home Phone _____
 City, State, Zip _____ E-mail Address _____
 Birth date _____ Age _____ SS# _____
 Height _____ feet _____ inches Weight _____ pounds Would you like to lose weight? Yes No
 Occupation _____ Employer _____ Work Phone _____
 Primary Medical Doctor _____ Phone _____
 Marital Status: S M W D Sep Spouse Name _____ No. of Children _____

- Most patients are referred to our office by a caring family member or friend. What made you decide to visit our office? Friend/Family Member Name _____
 Telephone Call Yellow Pages Sign Website Presentation E-mail
- Research shows that your spine should be checked regularly. How many times have you visited a chiropractor in your lifetime? _____ Never
- When was your last complete spinal examination including x-rays? _____ Never
- Have you ever been told that you have a spinal curvature, spinal arthritis, or inherited spinal problem? YES NO _____
- Spinal misalignments cause decay and degeneration which results in grinding or cracking. Do you ever hear noises when you move your head or neck? YES NO
- Spinal misalignments can make you feel like you need to twist, stretch or crack your neck or back. Do you ever feel the need to crack or pop your neck or lower spine? YES NO
- Poor posture leads to poor health and often indicates a spinal problem. How would you rate your posture? Poor - 1 2 3 4 5 6 7 8 9 10 - Excellent
- Stress can cause or accelerate spinal damage. Rate your stress level over the last 90 days.
 Low - 1 2 3 4 5 6 7 8 9 10 - High
- Please list any health symptoms or health complaints you are experiencing.
 1. _____ 2. _____ 3. _____
- Prescription medications may cause various side effects, hide the severity of health problems and hinder the body's ability to heal. What medications are you currently taking?

- Auto and work-related injuries can cause serious spinal problems. Is this visit related to an accident or injury? YES NO Date of Incident _____
- Spinal health is especially important during pregnancy. Is there any chance that you are pregnant? YES NO
- Have you ever been diagnosed with cancer? Type _____ Year _____
- If the doctor feels that chiropractic will help you, are you willing to follow his/her recommendations? YES NO

The above information is true and accurate to the best of my knowledge.

Patient Signature _____ Date _____