

# Lakeville Area Chamber of Commerce Featured Businesses



## Absolute Health Chiropractic and Acupuncture.....Now open in Lakeville!

Dr.'s Betzina and Skrypek focus on relieving your pain, quickly and effectively, without the use of drugs or surgery. They use modern techniques and equipment to relieve your pain quickly so you can get back to doing the things you enjoy. They offer:

- Same day appointments
- Same day treatment
- Convenient hours
- Convenient location
- Individualized attention

In addition to modern chiropractic techniques, Dr. Ryan Betzina is one of the few practitioners in the area to offer acupuncture for pain relief. Dr. Kate Skrypek is trained in Graston technique, a quick and effective method to treat soft-tissue injuries, reducing the need for splints, braces, and anti-inflammatory medications. This technique is great for athletes, overuse injuries, and anyone with muscle or joint problems.



They understand that many people have a fear of going to a chiropractor because they think they will be pressured to come back over and over for the rest of their lives! They do not subscribe to this philosophy. They simply believe chiropractic care is a safe and effective way to treat and manage pain. If you have an accident, injury or have been dealing with chronic issues, such as neck and back pain or

headaches for some time, they can help you get back to living your life! When you walk into Absolute Health Chiropractic, they will examine you, suggest an appropriate treatment plan you are comfortable with, get you out of pain, as well as educate you and give you the tools to maintain your results at home. There is no obligation for future care. If you are happy with your care, they hope you will recommend their office to family and friends!

If you have any questions, please feel free to call them at (952) 985-5444 or visit their website at [www.absolutehealthmn.com](http://www.absolutehealthmn.com)

They look forward to helping you live your life to the fullest!